

# HIGHLY NUTRITIOUS AND SMOOTH TASTE AVOCADO, BUTTER PEAR

Oil is extracted from the flesh of Avocado, mixed with Flaxseed Oil and Borage Oil. You can conveniently supplement your diet anywhere, anytime with MIKI ECKO 37.

The origin of Avocado is said to be the tropical regions of the American Continent. When Columbus discovered America, the indigenous peoples already cultivated Avocado, which constituted an important source of nutrition in their diets. Nowadays, besides the United States, Avocado is cultivated in Mexico, Peru, Philippines and other countries. There are many species, including Fuerte, Hass, Horeshin, Lerman, and the former two being the most famous ones.

### High Nutritional Value similar to Butter

Avocado is neither sweet nor sour, but slightly salty, and the flesh has a delicate, smooth taste. The nutritional value of Avocado is exceptionally high, and it contains Unsaturated Fatty Acid such as Olein Acid, Linoleic Acid,  $\alpha$ -Linolenic Acid as well as a wide variety of Vitamins and Minerals. Thanks to its great taste and high nutrition, Avocado is enjoyed by wide popularity. No wonder it is called Butter Pear.

### Flaxseed Oil an Borage Oil

Adding Borage Oil extracted from the seed of Borage Grass and Flaxseed Oil extracted from the Flaxseed realizes a well-balanced Fatty Acid composition.





## ENCYCLOPEDIA OF AVOCADOS

#### **Food of Inca Kings**

Avocado seeds were found in the graves of late 13th century Inca Kings, together with many other historic discoveries. Hundreds of years ago, in the period of the Inca Empire, Avocado was cultivated as an important food. Later, when the Spanish conquered the Incas and Aztecs, they discovered Avocado and spread it around the world.

### Recognized by Guinness as Nutrition Champion

Avocado, with its original taste, is a great ingredient for salads and sushi. Since these dishes are also healthy, they enjoy a growing popularity. Its nutritional value has been recognized by the Guinness Book of Records, which lists Avocado as the most nutritious fruit in the world!

## A TASTY AND SIMPLE ROAD TO A HEALTHY LIFE. MIKI ECKO 37 IN CAPSULES

- A dietary supplement made by adding oil extracted from Flaxseed and seed of Borage to oil extracted from the flesh of Avocado.
- Can be eaten by itself or used in cooking.
- Easy to eat and convenient to carry.
- Contains Unsaturated Fatty Acids and a variety of Vitamins and Minerals.
- Contains no artificial coloring or preservatives.
- Close jar tightly, avoid direct sunlight, store in a dry, cool place and consume as soon as possible. Please be especially careful in the summer season.
- Below 15°C (59°F), the oil may become partially clouded, but this does not affect the quality of the product.
- Ingredients: Avocado Oil, Starch, Flaxseed Oil, Borage Oil, Yeast Extract, Aloe Extract, Flaxseed Extract, Broccoli sprout Extract, Glycerine, Red Alga Extract, Vitamin E(derived from soybean), Algae Carotene, Marigold
- Nutrients: Unsaturated Fatty Acids: Olein Acid, Linoleic Acid,

 $\gamma$ -Linolenic Acid,  $\alpha$ -Linolenic Acid

Vitamins: Carotene, Vitamin B2, E, Niacin

Minerals: Calcium, Potassium